

# Making decisions about paying for care?

We recommend that you get financial information and advice from an expert Independent Financial Advisor registered with the Financial Conduct Authority (FCA) when you are making decisions about paying for care.

## When should I speak to an Independent Financial Advisor?

- if there are a number of options available and you would like support to choose one
- where there is a potential difference of opinion between what you would like and what Nottinghamshire County Council recommends
- when making big decisions such as moving into a care home
- when you are about to enter a legal agreement, such as a contract or deferred payment agreement

## Speaking to an Advisor can help you to:

- make the right choices about your savings and assets so you are supported
- make sure you receive advice from a trustworthy source
- ensure you are not exploited by someone trying to trick you or steal from you
- stay the right side of the law
- find out what other specialist advice may be useful when making decisions.

- when you want advice on the best way to look after your savings and other assets
- when you are thinking of giving away some of your savings and other assets.



Visit [www.nottshelpyourself.org.uk/financialadvice](http://www.nottshelpyourself.org.uk/financialadvice) or phone **0300 500 80 80** for details about independent financial advice organisations.



Find out about benefits you may be entitled to:

[www.nottinghamshire.gov.uk/welfarebenefits](http://www.nottinghamshire.gov.uk/welfarebenefits) or **0300 500 80 80**



Find out how to set up a Lasting Power of Attorney and choose who makes your future decisions if you no longer can: [www.gov.uk/power-of-attorney](http://www.gov.uk/power-of-attorney) (£82 cost, which will save solicitor's fees).